

Time Banking

This was our last meeting for 2017, and featured our own Siva Panadam, giving a very well informed and highly informative presentation on “Timebank”.

Time Banking is a time-based currency that helps to build circles and networks of mutual support. With Time Banking, you give one hour of service to another, and receive one-time credit. An hour is always an hour — regardless of the service offered. You can use the credits in turn to receive services — or you can donate them to others.

Timebanks are formed when people come together to use time credits to achieve a shared goal. Many choose to focus on community building; however, others have chosen to be focussed on tutoring in schools, health and wellness efforts, hospital discharge support, juvenile justice, helping seniors to age in community, civic engagement and more.

Siva Panadam explained in very clear detail how Time Bank can benefit you, and how the Community can actually benefit from YOU!